

# U3A Kate Sheppard

Christchurch, New Zealand

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“Those who teach shall also learn Those who learn shall also teach”

## Past Courses & Events 2004 - 2021

As at 08.03.2021

### 2004

#### Series 1 Pot Pourri

- A Pot Pouri of Interesting Topics

#### Series 2 Women with Attitude: Five Modern Artists

- Frances Hodgkins
- Rita Angus
- Dame Laura Knight
- Dame Eileen Mayo
- Jacqueline Fahey

#### Series 3 Mind, Body and Computers

- The Mind Body Problem 1: Dualisms
- The Mind Body Problem 2: Monoisms
- The Turing Test
- The Chinese Room
- Mary of the black-and-white room

#### Series 4 South Island High Country Tenure

- Rod Patterson – High country farmer and advocate
- Mike Clare – Tenure Review Process Manager DOC
- Tourism Potential
- David Round – Immediate Past president of Federated Mountain Clubs
- Kevin O'Connor – Emeritus Professor of Range Management

### 2005

#### Series 1 Searching for Meaning – Spiritual Journeys

- The Ineffable Beauty of Putting out a Near-Empty Rubbish Bag
- From Sister of Mercy to Jungian Analyst One Woman's Search for the Holy Grail
- God after Geering: The Making of a Radical Theologian
- The Embracing Celtic Spirit
- The Way my Faith Journey has been Influenced by my Membership of the Catholic Church

#### Series 2 The History of the English Language – English through the Centuries

- Where English came from and how and why it has changed
- English before the Norman Conquest

- English in Chaucer's Time
- English in Shakespeare's time
- The Globalisation of English with special references to New Zealand English

**Series 3            Faces from the Past**

- Portrait of Monsieur Bertin 1832
- The Last England 1855
- Whistler's Mother 1871
- The Bar at the Follies Bergere 1882
- Self Portrait by Vincent van Gogh 1853-1890

**Series 4            What are you doing for the Winter**

- Turkey and the New Zealand Connection
- Voyages En France
- Egypt, Jordan and Dubai
- Cruising the Yangtze River
- Russia

**Series 5            Planets of the Solar System, Future Holiday Destinations?**

- How Astronomy Helped Change the way we Think
- Heavens Above
- How do we know what the stars are made of? A hitchhiker's guide to spectroscopy
- Strange Lights in the Sky

**Series 6            Architecture**

- An Introduction to Western Architecture
- Sir Miles Warren
- The Homes of Christchurch's Early Settlers
- Strange Lights in the Sky

**Series 7            Miscellaneous Matters**

- Sand Dunes and Coastal Changes along the Canterbury Coast
- Gone but not Forgotten; Memorial Art From Around the World
- Yarks, Smock-frocks and Tweedsides
- Unravelling the Delightful Doodlesac

**2006**

**Series 1            Literature and Politics in Russia**

- Dostoevsky as a Political Thinker
- Dostoevsky's Second Vision
- Boris Pasternak and his novel 'Dr Zhivago'
- Alexander Solzhenitsyn 'The Gulag Experience in his Novels'
- Solzhenitsyn as a figure in post-Soviet Cultural Life

**Series 2            Musical Interlude**

- Backstage with the Orchestra
- Level 4 = Composer to Critic
- Elgar: Dreamy Child by Severn-side
- Who are you now?

- Musical Theatre in Christchurch

**Series 5      Theatre Life – A Personal View**

- How did I get here from there?
- We Open In 3 Weeks
- Fashions, Theories, Politics and Gossip
- Design in a Visual Age
- Facing the Music

**Series 6      Medical Research in Christchurch**

- An Overview of the Canterbury District Health Board
- Parkinson’s Disease – Slow small Steps
- History of the Role of Women in Health
- Aspects of Spinal Cord Injury
- Rheumatology

**Series 7      Early Canterbury History**

- The Hall Family and Terrace Station Hororata
- The Acland Family and Mt Peel Station
- The Rolleston Family
- Enterprising Souls: Early Settlers of Fendal Town
- The Story of Papanui Road

**Series 8      Travel: Moments and Magic Along the Way**

- Things the Travel Agent Doesn’t Tell You
- Four Ways to Travel – Train, Brage, Freighter, and Foot
- Panel presentation
- A Summer with the Inuit
- Going to Great Heights

**Series 8      Miscellaneous Matters**

- Biodiversity at Work
- Elands, Elephants, and Empire
- Life in Russia After the Fall of the Soviet Union
- Working with Film Stars, Heads of State and Royalty

**2007**

**Series 1      What’s Happening at the Museum**

- The Philosophy Behind the Museum at Key points in its History
- Visiting the Discover Centre
- A Tale of a Whale
- Sea Creatures from the Past

**Series 2      The Changing Media Landscape in New Zealand**

- The Changing Media Landscape in New Zealand
- Blogging and the Power of the Internet
- The Changing Telescape in New Zealand
- Beyond Newsprint and Ink
- Who Owns the Media

**Series 5      Making Music**

- 50 Years in the Arts
- Musical Journey from Christchurch
- Works with Christchurch Symphony and Auckland Philharmonic
- Lifting Musical Horizons
- Shape and Structure of Music from Sonata to Scherzo

**Series 6      The Justice System**

- The Bill of Rights
- Cycle of Crime
- Reminiscences of a High Court Judge
- Place of Environment Court in the Justice System
- The Coroner's Court and the Role of the Coroner

**Series 7      Modern New Zealand Art**

- Lois White: Her Life in Art
- Modern Art: how we got to where we are now
- Toi Maori: Contemporary Maori Art
- Insights into Contemporary NZ Art, including Julia Morison, Don Driver, Ralph Hotere
- Contemporary New Zealand Art – Its Status within Popular Culture

**Series 8      Banks Peninsula**

- Dead but not Buried – The extinct volcanoes of Banks Peninsula
- The History of Maori on Banks Peninsula
- Bus trip to 'Hinewai Reserve' Long Bay, Banks Peninsula
- Joined at the hip – An historical and political overview
- The Future Landscape of Banks Peninsula

**2008**

**Series 1      Writers and Poets of Canterbury**

- Raising the Dead: Writing Historical Fiction
- Experiences in the Antarctic
- Gordon Ogilvie, Non-Fiction Writer
- Jim Norcliffe, Poet and Writer of Children's Stories
- A Young Writer, Novelist, Short Story Writer, and Playwright

**Series 2      Olympic Games**

- The Ancient Olympic Games
- Olympus Beyond Antiquity and the Birth of the Modern Games
- Perceptions of the Olympic Experience from Athlete/Conditioning Coach/Sports Scientist
- Sport, Olympism and its Educative, Social and Moral Value
- And so, to Beijing 2008, politics, drugs and other issues

**Series 5      More Medical Matters**

- Emerging Strategies for Healthcare for the Ageing Population
- Back to Basics: The Changing Face of Primary Health Care
- The Weird and Wonderful Science of Swallowing
- General Practice and Medical Politics

**Series 6      Water**

- Canterbury Water, Water Rights Trust
- Central Plains Water
- The Effects of Agriculture on Water Quality
- Water Supply and Wastewater Services in Christchurch
- Canterbury: Changes in Landscape, Flora and Fauna, and now in Water

**Series 7            China Yesterday and Tomorrow**

- Historical Introduction and Development of China
- Social and Environmental Problems Today
- Political Problems and Foreign Policy
- Tibet and Taiwan
- A Missionary Childhood in War torn China

**Series 8            Canterbury: A Special Place**

- From Gondwana to Canterbury: Familiar Land Forms Explained
- The Maori Settlement of Canterbury
- The Making of the Canterbury Landscape 1850-2000
- Field Trip to North Canterbury

**Series 9            Pot Pourri**

- Yarooogh! 100 years of Billy Bunter
- Poems, Life in Theatre
- A Scottish Affair

2009

**Series 1            Art Facts**

- AGM with Guest Speaker
- The Rise and Fall of the Art Market 1958 to 2008
- A Renowned Master Weaver based at the Arts Centre
- Master Printmaker: All form of Print, Lithographs, Etchings & Woodblocks
- Rita Angus: Christchurch Art Gallery

**Series 2            Gardens Galore**

- Gondwana Garden at the Botanic Gardens
- History of the Garden City
- Capability Brown, Landscape, His Life and Work
- Tales of the Plant Hunters
- Community Gardens, Facilitating Trust, Respect and Fair Sharing

**Series 3            NZ Immigration**

- Adventures of a Ukrainian in New Zealand
- Died and gone to Heaven
- What would it be like if your family were forced to leave their country of birth and not know what the future holds?
- Life in a New Country on the other side of the World
- The Antics of an Immigrant Scientist

**Series 4            The Global Financial Crisis**

- An Overview of the Current Global Financial Crisis

- A Discussion of the Role of Banks & other Financial Institutions in the Crisis
- What are the United States, United Kingdom and other Governments doing to Alleviate the Current Crisis? Will it Work?
- What Effect is the Crisis having on the New Zealand economy and in Particular the Housing Market
- A Forecast of the Probable Length and Severity of the Global Financial Crisis

#### **Series 5 Elements of Opera**

- Prima la Musica e poi le Parole: The Art of the Librettist
- Recitative in Action
- The Rise and Fall of the Aria
- Ensemble: The Plot Thickens
- Some Grand Finales

#### **Series 6 1066 and all that History**

- A Memorable History of England
- 103 Good Things
- 5 Bad Kings
- 2 Genuine Dates

#### **Series 7 Pot Pourri**

- Tsunami Hazards
- Dancing in the Dark: 400Years of the Telescope
- The Little Critter Hollander Beater
- End of Year Function

## 2010

#### **Series 1 Aspects of India**

- AGM and Islam in Relation to India and Pakistan
- Hinduism
- Social and Cultural Aspects of India
- Gandhi and the Idea of Pakistan
- Commercial/Economy with/of India

#### **Series 2 Medical Series**

- Understanding Your Immune System
- The Allergy Epidemic
- Immune Therapies Against Cancer
- Things Domestic Animals can tell us about Human Disorders
- The Gluten Syndrome, a Neurological Disease

#### **Series 3 Religion and Philosophy**

- The Philosophy of Religion
- Fundamentalism in 21<sup>st</sup> Century Churches
- Islam and Global terrorism
- Buddhism
- The Future of Religion in an Increasingly Secular World

#### **Series 4 Current Affairs – Home and Abroad**

- NZ as a Responsible Global Citizen – Reflection, Prescription

- Current Affairs – The Local Scene
- Barack Obama’s America. How is it Looking?
- The Middle East – Peace in our Time?
- John Key’s New Zealand

**Series 5            Behind the Music Scene**

- Previewing and Reviewing
- Getting the Notes Right
- Musicians on the Move
- Critics Debate
- Only Eight Hours to Go

**Series 6            Agriculture in Canterbury Today**

- Research to Reduce the Environmental Impact of Dairying in Canterbury
- Sheep and Meat Industry
- A Review of Organic Farming, New Zealand and Overseas
- Effects of Dairying in Canterbury
- Agriculture’s Contribution to Canterbury

**Series 7            Pot Pourri**

- Life at the City Mission
- Oberammergau
- Critics Debate
- End of year function

**2011**

**Series 1            Fraud and Deception**

- World of Counterfeit Pharmaceuticals
- What Fraud Means for Us
- World of Counterfeit Pharmaceuticals and Why We Should Be Worried...
- Art and Forgery - the 2nd Oldest Profession
- Fraud and Deception in the Computing World
- Fooling Around with the After-Life

**Series 2            Future of Energy in New Zealand**

- Future of Personal Transport in New Zealand
- Future of Public Transport in New Zealand
- Future of Hydro-electricity in New Zealand
- Future of Wind Farmed Electricity in New Zealand
- Future of Solar Powered Electricity in New Zealand

**Series 3            Climbing and Other Adventures**

- Silver Hut Expedition: Physiological Experiments
- 1977 Everest Expedition
- Recent Trip to China
- Bolivia and Climbing: A Kaleidoscope of Colours

**Series 4            Natural History**

- Bush Birds of the Port Hills...

- Water in Christchurch's History
- Biodiversity - At Work
- Biodiversity - In the Backyard
- Last Ocean – Antarctica

**Series 5          Toxicology**

- Toxic Plants
- Fascination of Bugs
- Food Toxicology
- Toxicology

**Series 6          Pot Pourri - Travel**

- Ethiopia
- Behind the Scenes at the New Zealand Customs Service
- Stories, Studies and Scandals

2012

**Series 1          Best of Both Worlds**

- New Life (A Chilean Family Arriving in Christchurch)
- Chile and New Zealand
- Chilean New Zealander Travelling Through Peru and Bolivia
- Chilean Culture
- LAIRCI (A Latin American Organization in Christchurch)

**Series 2          Day in the Life of**

- Brian Archer
- Richard Greenaway
- Mary Dunne
- Ruth Todd
- Jenny Setchell

**Series 3          Philosophy**

**Series 4          Art Alternatives**

- Gap Filler
- Musings of a Wayward Quilt maker
- Civic Trust - Its Life and Work
- Recent Directions and a Whale of a Tale
- Twentieth Century French Churches

**Series 5          Ethics and Ethical Dilemmas**

- Introduction to Ethics
- Ethical Dilemmas in Ethics and Media, Muckraking and Morality
- Ethical Dilemmas in Social Policy
- Ethical Dilemmas in Business
- Ethical Dilemmas in Medicine

**Series 6          Youth Matters**

- History of the Christchurch Health and Development Study
- Special Challenges



- What Are We Doing? - A Youth Perspective
- Communicating with Teenagers
- Give Youth a Chance

**Series 17 Pot Pourri**

- Life and Death of Country Towns
- Pioneers Again - the Opportunity for Christchurch City
- Canterbury Provincial Council Buildings: the Future
- SPECIAL VISIT Visit to Court Theatre

## 2013

**Series 1 An Interesting Variety**

- 21<sup>st</sup> Century Learning
- The Leadership Void
- Developing a Resilient Financial System: Lessons from Iceland
- Our City, Our Future
- US Intercontinental Ballistic Missile Force – Historically and Today

**Series 2 Of Writers and Books**

- Why Write About Women?
- Stories Behind the Stories
- Murder in the Mother of Democracies
- Art Editing at The Press

**Series 3 Birds and Bees and Biodiversity**

- Bees, Biodiversity and all That
- More to Grapes than You Think – A Birds Eye View
- Codfish Island – One of New Zealand's Premier island Sanctuaries
- Benefits of New Zealand Bird Brains
- A Dynasty of Taxidermists

**Series 4 Pills, Patients & Problems**

- Nature's Nanotechnology and Drug Discovery
- Problems Pills and Pill Problems
- Safety and Spending of Pharmaceuticals
- Prescribing Medications – A View From The Coalface
- Changes to Primary Health Care in Canterbury

**Series 5 Travellers' Tales**

- In Search of the Great Apes
- Habitat For Humanity
- Farm to Farm Tours
- Where Underpants Come From
- Travelling the World

**Series 6 Catching The Wave**

- The Speed of Change
- Shifting Design of our Health System
- Apple's Technology in the Community

**Visit Ohinetahi – Governors Bay**

**Series 7 Pot Pourri History**

- The Lake District and Hadrian's Wall
- The Phenomenon of the Castle
- The 1348/1349 Black Death
- An Update on Activity at the Arts Centre
- Age Concern Canterbury

**2014**

**Series 1 From Gold Card to the Grave**

- Obituaries
- Legal Issues Relating to Seniors
- Emotions in Later Adulthood
- Death with Dignity
- This I Remember – Memoirs of an Undertaker

**Series 2 Happenings in Canterbury**

- Journey of SCIRT From Inception to Now
- History of Riccarton House and Bush
- Visit to Lincoln College and Art Collection
- Charity Hospital
- Avon-Otakaro Network and Avon River Reserve Red Zone

**Series 3 Exploring the Cosmos**

- Outline of Astronomy
- Aoraki Mackenzie International Dark Sky Reserve
- Universe and the Stars
- Impacts from the Cosmos on Earth: Meteors, Fireballs and Asteroids
- Cool Astronomy

**Series 4 Music, Music, Music**

- Quakes, Choirs and Organs
- Directing Musicals at the Court Theatre
- Past, Present and Future of the School of Music
- Teaching the Piano
- From Jazz to Popular Music

**Series 5 Balance of Power**

- Place of the Church in Society
- Position of Central and Local Government in Managing Society
- What Happens to Happen!
- Place of Print
- MMP Electoral System

**Series 6 World Hotspots**

- Afghanistan
- China
- Ukraine's Crisis: Should New Zealand be Worried?
- Post 2014 Prospects for Peace in Afghanistan

- American Homeland as a World Hotspot? An American's Thoughts

**Visit:                    Robotic Dairy Farm**

**Series 7                Books and Print**

- Learning to Write a Book – the Hard Way
- Young Eye
- Pleasure in Letters
- Introduction to Making an Author

## 2015

**Series 1                Art**

- Art Restoration
- Modern Contemporary New Zealand Art Work
- Composition and Perspective in Creating a Painting
- Good Art Really Matters
- Overview of New Zealand Art From Maori Times to the 21<sup>st</sup> Century

**Series 2                Pot Pourri**

- American Slavery, American Freedom
- Conflict Competence – Improving Communications and Relationships
- Challenges Ahead for Christchurch City Council
- Canterbury's Water Problems and the Future
- Ice Chick: Life in Extreme Environments

**Series 3                Matters of the Heart**

- Vasoactive Hormones in Controlling Blood Pressure
- New Developments in the Treatment and Diagnosis of Heart Disease
- Measuring Proteins in Blood
- Genetics and Cardiovascular Medicine
- Maori-Pacific Community Studies

**Series 4                Law and Disorder**

- Nvader – An Organisation with the Goal of Freeing Children From the Child Sex Trade
- Managing Disorder in Prison
- The Rule of Law and Its Important in a Free and Democratic Society
- The Burden of Civilisation – Law in an Era of Degeneration
- My Time at the Bar in Sydney

**Series 5                Disabilities**

- Alzheimer's
- Disability, Mobility, and Staying in your Home
- Reducing the Risk of Stroke
- Nurse Maude Services for Mobility
- Lifestyle, Protective Factors and Dementia

**Series 6                London: From the Romans to The Fire**

- Foundation of Roman London
- Tudor London
- The Stuarts and The Great Fire

**Series 7          Christchurch - The Garden City?**

- Christchurch the Garden City – Past, Present, the Future
- Towards a Sustainable City
- The Home Gardener's Influence on the Christchurch Frame – and – What is Happening in the South Frame?
- History of the Garden City and What's Happening Now

2016

**Series 1          Pot Pourri**

- Our Changing Climate – The Challenges and Opportunities
- Fair Trade in Coffee, Chocolate, and Handcrafts
- Combating Bullying and Anti-social Behaviour
- Fires, Food Parcels, and Funerals
- Business Success Through Social Value

**Series 2          People in Uniform**

- Life as a Pilot
- St John's Ambulance
- USAR Search and Rescue
- Life with the Patch

**Visit              Patoa Pig Farm, North Canterbury**

**Series 3          Books**

- The Ancient Art of Storytelling
- My Life in Books - How good luck and good contacts turned a love of reading books into a career
- Why Talk About Books?
- Stories Behind the Stories
- The Lives of Books

**Series 4          Getting Started in Canterbury**

- Early Lyttelton
- Early Christchurch
- Transport
- Farming and Commerce
- Health

**Series 5          World Religions**

- Muslim
- Confucianism
- Hindu
- Buddhism
- Hebrew

**Series 6          Chocolate: Food of the Gods and Elixir of Empires**

- Cacao Beans and the Aztecs
- European Empires, Fashionable Beverage
- Quakers, Chocolate, and Social Philanthropy

- Chocolate in New Zealand

## 2017

### **Series 1      The Canterbury Medical Research Foundation**

- Vitamin C in sepsis
- Parkinson's research
- Acute Care Fellowship
- Links between personality and anxiety
- Stroke recovery and research

### **Series 2      Through the Lens of a Political Scientist**

- Rethinking Young People's Politics in the 21st Century
- Participation in and Beyond the Ballot Box
- Student debt: Reconsidering its Impact on a Generation
- Disconnection and Disruption
- Sustainable Citizenship in a Changing Climate

### **Series 3      Architecture - Traditional to Eco**

- From the Gothic Revival to Modernism: A short History of Christchurch Architecture
- Urban Design
- Social Architecture: Moving from the Industrial Age to the Creative Age
- Eco-friendly Function Meets Award Winning Architecture
- Architecture as Public Art

### **Series 4      Water etc.**

- A Constitution for Aotearoa/New Zealand
- Weather and Climate – Setting the Scene
- Water – The Big Picture
- Freshwater ecology, water quality and management in NZ
- Canterbury water issues and what we're doing about them

### **Series 5      Money Makes the World Go Around**

- Retirement Villages
- Investment Trends
- Property Trends
- Heartland Bank and Reverse Mortgages
- Trusts, Wills and Enduring Powers of Attorney

### **Series 6      Music Music Music**

- Potions and plots
- Percussionist
- Bohemian Journey
- What is Music therapy
- Louis Armstrong-Jazz Icon and Founding Father

### **Series 7      A Pot Pourri**

- Aspire Canterbury
- Science Communication
- Freshwater eels – amazing creatures of mystery and understanding

- Prevention of crime and crashes

## 2018

### **Series 1 Pot Pourri**

- Christchurch City Mission
- Children's brain and physical health
- Taxation, succession planning through to acquisitions, mergers and economic growth
- All Black Skills Coach

### **Series 2 Eat, drink and be merry**

- Nutrition
- How to eat drink and be merry without diabetes rearing its, sometimes preventable, head
- Can you eat drink and be merry, and avoid heart disease
- Alcohol law reform won't stop us Eating Drinking and being merry
- Prevention strategies in older age mental health

### **Series 3 What's Up in Christchurch**

- The Terraces
- Arts Centre Restoration Progress
- Arts Centre Tour
- Our city of opportunity and exploration
- The rescue from demolition of Shand's and Trinity

### **Series 4 20<sup>th</sup> Century South African History**

- From Boer Republics and British Colonies to the Union of South Africa
- Marijuana and the Rastafari – An ethnographic exploration of the relationship between a people and a plant
- Union and division
- The people rise up
- Post-Apartheid: The New South Africa

### **Series 5 Salt**

- Sodium chloride at its best
- History, sources, taxes, salaries, mountains, mines, lakes

### **Series 6 Geology**

- Kaikoura Earthquake Recovery Reconnecting Communities
- Change and Recovery in a Naturally Disturbed Coastal Ecosystem
- Natural Hazards & Risks
- The Earth Beneath our Feet: Introduction to Canterbury Geology and Earthquakes
- Mw 7.8 Kaikoura Earthquake: Overview of the Geology and Seismology of the Southern and Northern Ruptures

### **Series 7 Pot Pourri**

- Your Theatre - The Court Theatre
- Emergency Department Response to CHC Earthquakes
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2019

**Series 1 Pot Pourri**

- Kiwi Nomads
- Glaucoma
- On Safari
- Nailing High Performance

**Series 2 Political Objection to Military Service**

- Pre-War Anti- Militarism & the Passive Registers' Union
- Conscription & those who objected on religious grounds
- How Women supported the Objectors
- Political objectors to military service

**Series 3 Measures of Western Culture**

- Getting the Measure of Music
- Getting the Measure of Power
- Getting the Measure of Religion
- Getting the Measure of Science
- Getting the Measure of Time

**Series 4 Art & Antiques**

- Christchurch Art Gallery Te Puna O Waiwhetu
- Coca Gallery
- The Physics Room
- Current art made by prisoners of war in POW camps in WW2
- Crafting Canterbury Ceramics: A short history of Canterbury pottery

**Series 5 Aspects of the Crusades**

- Why a crusade? Concepts, motivation and goals
- Kingdom of Jerusalem: Crusader castles and knights
- The Third Crusade: kings, conflict and ransom
- Dissent, greed and the end of the Crusader states
- Crusading legacy: Spain, Baltic, Balkans, Holy Land

**Series 6 Hot and Cold**

- Hot - IVF Who, What, When and Why?
- Hot – Fires
- Hot - Running Across Deserts
- Cold - Living and Working in Antarctica
- A Landscape of Love, Life and Light - resilient to hot and cold today and tomorrow

**Series 7 Pot Pourri**

- Various Aspects of Sleep
- Three Waters Management
- Surprise
- Christmas Luncheon

## 2020

### **Series 1 Pot Pourri**

- AGM, and Ali Harper
- Music with Children
- Tales of the Periodic Table
- Richard Ballantyne
- COVID-19 – No lecture

### **Series 2**

- COVID-19 – No lectures

### **Series 3**

- COVID-19 – No lectures

### **Series 4 Vikings, Scandinavia & the Founding of Russia**

- Vikings
- Scandinavia
- The Founding of Russia
- Russia
- Russia

### **Series 5**

- COVID-19 – No lectures
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### **Series 6 Questions of Science, Robots, and our Pets**

- Science, Good, Bad and Bogus
- The Existential Threat of Robots
- For the Love of Animals: Human & Animal Wellbeing
- Humans and Animals Working Together to effect Changes

### **Series 7 Pot Pourri**

- Feeding 8 Billion People – Global Food and Resource Issues and Challenges
- It's Not Just Rubbish
  
- Christmas Luncheon

## 2021

### **Series 1 Pot Pourri**

- AGM, and Leadership – The Grandparent's Role
- Myths and Legacy, Past and Present
- Preventing Dementia: Brain Health from mid-life onwards
- Syft Technologies Ltd – Where did it come from and where is it going?
- Youth Development and Creating and Maintaining Mental Health

### **Series 2 The Works of Charles Dickens**

- Early Works
- Dickens gets into his stride
- Dickens the 'Inimitable'



- Dickens the Mature Author
- Dickens the Final Years

**Series 3          Pot Pourri**

- Residential Intensification in Christchurch, Nice in Theory but does it Work
- Painting in Nature - Women Artists and the Canterbury Landscape
- Food Bank Canterbury - Waste Not, Want Not
- Forensic Science, Skills, Science Assisted Justice
- Domestic Violence – My 17 Years in the Ring

**Series 4          English Country Houses**

- Earliest Country Houses
- Medieval Manor Houses
- Tudor Estates
- Georgian Stately Homes
- Nouveaux Riches and Social Change

**Series 5          Pot Pourri**

- Penguins and Polar People – My Ornithology and Medical Experiences in Antarctica
- Remaining lecture of this series and Series 6 postponed due to Covid

**Series 7          Antarctic History**

- Antarctica Unveiled
- Discovery Expedition
- Nimrod Expedition
- Race to the Pole – Part 1
- Race to the Pole – Part 2

**Series 8          Heritage Sheep Stations**

- A Canterbury Heritage Sheep Station
- Trip to Heritage Canterbury Homebush and Terrace Station, Hororata
- Christmas Luncheon